



## Ep. 64 - Your Identity and Your Acting Career Are Your Birthright with Yvette Gonzalez - Transcript

*FYI: Timestamps listed here are not correct, but know that all of the content from the interview is here.*

00:00.00

BRIAN

Hey, everybody welcome back. So today's guest is someone who I've known for quite a while actually now that I'm thinking about it. Her name is Yvette Gonzalez and we're going to go in deep with her process to find representation and how that all played out. Before we even go there though I just want to kind of celebrate that the past couple episodes of the podcast if you've been tuning in and I assume you have really had to do with purpose and with really owning the space that you can take up as a creative and I think that right now 1 thing that we tend to almost write off a. We write off how vulnerable it is to put yourself out there at times sometimes we're very aware of it and then sometimes when it comes to like the business when it comes to representation when it comes to having someone like an agent or manager on your side to help you get out there and get auditions. We sometimes put that in a category of like yeah well that's just the business stuff and we have to remember that. These are the big, same beautiful, tender artistic hearts that you have when you are working in class or in a rehearsal or on stage and those are the same beautiful hearts. That's the same muscle that you're using when you reach out to managers and agents and one of the things that I loved about Yvette's process when she went through this is. She was very clear in making sure that she showed up the whole time in checking in with me to make sure that it was really clear who she was and what she's stepping into and so I'm gonna shut up now because she's gonna set tell you this way better than I am so if that welcome to the show hi.

01:22.10

Yvette Gonzalez

Hi.

01:25.46

BRIAN

So glad you're here. Thank you for taking the time out to do this. So first of all before we even dig too deep. Can you give everyone just a little bit of background of yourself as an actor just like a little bit of your story.

01:30.22

Yvette Gonzalez

Yeah, so I'm a Mexican American Actress Second generation born and raised in Fresno California I'm still in Fresno by the way but we'll get to that part. Um, so I always knew I wanted to be an actress since I was a little kid.



## Ep. 64 - Your Identity and Your Acting Career Are Your Birthright with Yvette Gonzalez - Transcript

01:45.79

BRIAN

Ah, great. We will get yes.

01:54.66

Yvette Gonzalez

Um, you know that story where like you see someone on stage when you're young, you're like oh my God I Want to be there that was me um, pirates of Pensan Oh my god.

01:59.40

BRIAN

Those you wait. What was the show. Do you remember the show. Oh I was the very model of a modern major general in sixth grade. Yeah, ah yes.

02:13.60

Yvette Gonzalez

And at age 17 that's when I did my first musical ever Joseph and the amazing technicolor dream coat I was part of his wife. Yes, oh my god yes yes,

02:21.21

BRIAN

Yes, I was the pharaoh of course that's how I got my equity card. Ah yes, okay.

02:31.70

Yvette Gonzalez

After that that's when I realized okay I really do want to take acting seriously and so I went to a community college here in FresnoCalifornia before transferring over to Usc where I majored in like.

02:38.14

BRIAN

So wait can I can I slow you down just a little bit cause I can just picture 17 you're in your senior year of high school right? decisions have probably been made conversations with family has been had about what you're gonna do with your life was this a huge like.

02:56.63

BRIAN

Left turn to your family was this like he was like what do you mean? you're gonna be an actor now. What's going on. Are you going to community college like what was that can you should take us back to that a little bit.



## Ep. 64 - Your Identity and Your Acting Career Are Your Birthright with Yvette Gonzalez - Transcript

03:05.59

Yvette Gonzalez

So during that time. Um my family they supported me thankfully I'm blessed with that. They also wanted me to have a degree just in case safety reasons and so.

03:12.94

BRIAN

Yeah, thankfully great.

03:19.33

BRIAN

Yes, sure. Yes.

03:25.19

Yvette Gonzalez

I remember I applied to so many colleges like here in Fresno and then out over in I a New York like places all over the place and I remember I applied to usal a nothing I didn't get accepted and I was like ouch.

03:40.39

BRIAN

Yes, sir. Ah, ah yes.

03:43.47

Yvette Gonzalez

And then I decide you know what? let me go to Fresel city that way I can get my general ED all the way before I get to transfer to I really want to go and during that time.

03:51.61

BRIAN

Yeah, yeah, yeah.

03:58.75

Yvette Gonzalez

I was taking some theater classes and I was also trying to figure out. Okay, what else can I do. I Really want to do theater or not and then that's how I kind of like ventured into communications and I was like okay I really like the entertainment industry but I kept coming back to acting so I took that as a sign and I remember.



## Ep. 64 - Your Identity and Your Acting Career Are Your Birthright with Yvette Gonzalez - Transcript

04:08.54

BRIAN

Aha.

04:18.43

Yvette Gonzalez

During college I took a meisner class and that was kind of like the light bulb where I was like I really like this and at that time that's when I was applying to a lot of colleges to transfer out to I applied to you silly again I was like let me redeem myself also Usc And Y you

04:23.99

BRIAN

Yeah, yeah.

04:38.40

Yvette Gonzalez

Um, you say Laa no to me again and I was like oh but Usc said yes and I I knew Usc was the one that was a school I was meant to go to and I went and it was phenomenal I had a wonderful experience.

04:41.57

BRIAN

Ah, interesting. Yes, Heck yeah, yeah, yeah. Awesome! yeah.

04:56.83

Yvette Gonzalez

Got to meet new friends just dive into the industry but I also noticed something while I was over there um being Mexican-american being Latina I noticed that whenever I was in like certain rooms I would either be the only person of color or one of the few people of color.

05:01.57

BRIAN

Yeah.

05:15.33

Yvette Gonzalez

And I noticed myself kind of like shrinking back instead of being like the proud Latina that I am now I noticed that change in me and I noticed how that kind of affected my acting I was like oh this people pleasing all this anxiety. All this stuff was coming at me and.



## Ep. 64 - Your Identity and Your Acting Career Are Your Birthright with Yvette Gonzalez - Transcript

05:19.90

BRIAN

Yes.

05:33.00

Yvette Gonzalez

At the same time I was doing some student films with some like director like student directors from like the Cinema school so I was able to like dip my toes into what it's really like in the film industry and I also had some casting internships that I was able to see both sides.

05:51.30

Yvette Gonzalez

Ah, what's expected for actors. But then after I graduated I took a year off so I can travel and just focus on myself and that was in 2019 then twenty twenty I moved to L a.

05:58.91

BRIAN

Yeah, yeah.

06:06.18

BRIAN

Ah I'm sorry I'm laughing I'm sorry I'm laughing and that we know where this is we all know where this is going. It's 2020 yes

06:09.90

Yvette Gonzalez

Start my life again to start my acting career. You know, really know where this is going ah exactly and I get a job My acting is going great. The ball is rolling.

06:27.51

BRIAN

Yeah.

06:27.66

Yvette Gonzalez

And then the pandemic happens and then I moved back home I made the decision to come back and what's interesting is that I'm getting kind of vulnerable right now I've always wanted to leave.



## Ep. 64 - Your Identity and Your Acting Career Are Your Birthright with Yvette Gonzalez - Transcript

06:42.19  
BRIAN  
Yeah, yeah.

06:47.18  
Yvette Gonzalez  
Fresno and venture out and it took coming back to Fresno to like embrace myself to step up to that next level that I needed to be and. It's made me the person I am today and the actress that I am today.

07:09.52  
BRIAN  
Wow wow! That's so amazing when you say that you can first of all I love how much you're claiming your identity here and taking up the space that sounds like you maybe weren't taking 8 feeling comfortable. Well if things safe enough to take up when you were at school in some ways and we and I appreciate you speaking into the difference in those spaces.

07:15.64  
Yvette Gonzalez  
Awesome.

07:27.79  
BRIAN  
Ah, lived experience of being there. So I want to speak into this actress that you became because when you.

08:00.74  
BRIAN  
You set the stage of like you know 2020 things were going well and then the pandemic happened and you were the same person pandemic or not what was and this is way we're getting kind of into the representation piece I think a little bit is what was the what did that homecoming give you that you needed to be able to land great reps.

08:11.90  
Yvette Gonzalez  
Oh.



## Ep. 64 - Your Identity and Your Acting Career Are Your Birthright with Yvette Gonzalez - Transcript

08:19.21

BRIAN

Wait can I put a time out for a second can I give some data real quick I want to give some data you guys. So one of the things we share a lot and I'm not the person who came up with this. We we talk about data over drama when we talk about reaching out to representation because ah you yeah I Love this smile you and I both know that we can so get sucked into like how many people responded and what did they say and you know are we gonna just like.

08:19.34

Yvette Gonzalez

Yes.

08:37.64

BRIAN

Are we going to run our careers on the feelings we have around it in this I want to just share some of the data behind your reach outs. So ah, are you okay from your share of it. Okay.

08:46.69

Yvette Gonzalez

Yes, and I might have to add more depending on what you say.

08:51.91

BRIAN

Okay, great I can't wait so what I noticed is 14% of the people that you reached out to replied which is incredible like meaning not just did they open your email. They actually wrote you back to say yes, no, maybe so let's have a meeting all that stuff and that 72% of the people you reached out to so I just want to paint that picture.

09:04.46

Yvette Gonzalez

Oh.

09:11.20

BRIAN

Opened your email. So let's pretend she sent a hundred emails which means 72 of the 100 opened it. That's a huge number I think you so you you've told me that you got 8 meetings and and that you had 6 offers is that right? Awesome that' she's like that's yes, that's it.



## Ep. 64 - Your Identity and Your Acting Career Are Your Birthright with Yvette Gonzalez - Transcript

09:20.70

Yvette Gonzalez

Yes.

09:29.90

BRIAN

And so first of all I just think that's an incredible response and then I also love you know you're sharing with me. You had 15 people tell you tell me more which is a category that I think a lot of people overlooked at like some people were like oh yeah, give me some more information and so I just really want to make sure that we acknowledge that sometimes someone responding isn't a yes no maybe so tell ask me later. It's a tell me more and I just think that. Obviously you navigated that well to get this many meetings. So as we're talking about this actress you had your homecoming to rebecom or rebecome how did that lead into these results. Do you think how does it connect.

10:02.84

Yvette Gonzalez

Okay, um I like where do I begin just little quick with like the agent goal thing like with the introduction of our emails. My intro was basically me embracing my latini that.

10:12.80

BRIAN

Yeah, yeah, yeah.

10:22.45

Yvette Gonzalez

And it took figuring like myself out and like that story that we always do but I started noticing patterns in myself and I was like can I talk about this instead you' be like no, you got to talk about your unique self I'm like what about this I'm like no okay okay I am a latina. Fresno California look at me.

10:41.16

BRIAN

Um, yeah, so wait. Can I just say how happy makes me to hear you say that because you have such a better remember of this because in my mind I didn't realize I was stopping you from because you were like trying to bring other things into the story essentially right and kind of hiding this I was like how why are you hiding this? Why are we hiding this over and over and so you had this.





## Ep. 64 - Your Identity and Your Acting Career Are Your Birthright with Yvette Gonzalez - Transcript

10:59.29

BRIAN

It sounds like you had this experience of like oh shit I have to claim this This is what I have to claim Wow and it and it sounds like it was delight at the end of the day it delighted you even though in the beginning you may have been resistant to it is that true.

11:10.82

Yvette Gonzalez

And it was the key for all the stuff to happen like the email responses. The yes is the no just even the nose like they're my favorite but they're also very motivational just because of. The different tiers of agents and managers that responded to me and I was like oh all, that. Okay.

11:31.25

BRIAN

Yeah, wait share a little bit about that people need because I'll just say I'll start with everybody so in what you share with everybody. What tell what did you decide knows we're gonna mean to you Did you have a decision around what the meaning you were gonna make out of a no yeah. Ah.

11:42.94

Yvette Gonzalez

Okay, so what helps me I'm Virgo. So I love all the data versus the drama stuff and whenever I received a know I have this mentality that no is redirection. You are not my person but thank you for this experience. It's a step closer. To finding my representation.

12:02.86

BRIAN

Yeah, yeah for sure. So you said that So tell me about why some of those were really exciting too because it was like people who said no that were like just yeah, tell me.

12:09.66

Yvette Gonzalez

Oh okay, okay so I am and no I'm a developmental actress and so I'm I feel like I'm a baby I've been in this for a few years but there is other people in our class that were so much farther than me and so.

12:17.42

BRIAN

Okay, okay.



## Ep. 64 - Your Identity and Your Acting Career Are Your Birthright with Yvette Gonzalez - Transcript

12:28.95

Yvette Gonzalez

Like how how is this going to be and when I sent my stuff out and my subject line would either have latina actress or Mexican-american actress and just seeing the opening rate about 70% and then seeing. Agents managers from the mid tier and top tier responding back to me and just being encouraging either saying like this is beautiful like remain true to who you are I'll save your materials maybe first ah certain of them.

13:03.40

BRIAN

Um, yes, yes, yes, what's so interesting. So what I'm hearing you say when you say this is even a no said to me oh shit I'm in this business and people care.

13:05.10

Yvette Gonzalez

Um, just like oh my God something's happening's. It. Ah.

13:18.10

BRIAN

It was like a no that was like oh I'm verifying that I see you and that I'm not right for you right now and you're doing the right thing you should be doing. It's almost like a validation of you're doing the right thing you should be I Just happen to not be your match like yes, you're in the club like I feel like it gave validation. It's so great to hear you say that and also I want to just empower anyone who's listening around. You know you claim.

13:24.39

Yvette Gonzalez

Hu.

13:36.29

BRIAN

In your subject line even this piece of your identity and I don't want anyone out there who's like yeah well I can't say a Mexican American Are you like writing some story where like I don't have something as cool or as unique as a vet has it is what's true about you is what made it work right? And that's what I think is so important that we don't overlook right.

13:51.95

Yvette Gonzalez

Correct.



## Ep. 64 - Your Identity and Your Acting Career Are Your Birthright with Yvette Gonzalez - Transcript

13:55.44

BRIAN

And yeah, you're here, you're saying correct. Okay, so that is incredible and so wait. So this happened right? You had all these things going out and you're like getting Nos but then you got some a yeses. Obviously what was that like.

14:04.25

Yvette Gonzalez

So the yes is there is so beautiful I loved our meetings I did get different types of meetings I got 8 meetings 6 offers um but they just weren't.

14:22.62

BRIAN

Got it. Great.

14:23.53

Yvette Gonzalez

My people there is There is one person who I really wanted to be my agent and he ended up saying no to me and I was like no I was crushed and the other um raps I Decided to say no to them because I felt like there was something.

14:34.64

BRIAN

Aha.

14:42.18

BRIAN

Great wait Tell me what that was like was that scary was that new for you. What was that feeling new. What was that like.

14:42.44

Yvette Gonzalez

More for me out there.

14:47.88

Yvette Gonzalez

It was new and scary just because I've never been this far before and thankfully I had my accountability group to take care of me and just guide me give me some advice and I said you know what I'm going to say no because I. 1 I Want to prevent myself and two I know what I'm capable of and I want someone who can match my level even though everyone is capable is just finding that one person that matches with you.



## Ep. 64 - Your Identity and Your Acting Career Are Your Birthright with Yvette Gonzalez - Transcript

15:15.34

BRIAN

Great sure sure sure sure right and that was just in the agent category not in the manager Cory categories that kind of how that played out essentially both got it got got it.

15:25.14

Yvette Gonzalez

both both I had mixed meetings so that was that was March then I decide to reach out again in may and I circled back to.

15:33.68

BRIAN

Yeah, got it.

15:40.26

Yvette Gonzalez

500 agents and reps and at that same time I gave them the news I was investing in professional headouts for the first time ever and only one manager got back to me I had the meeting with her. She was a wonderful moment. Um, but during the time.

15:46.38

BRIAN

Yeah.

15:59.90

Yvette Gonzalez

Juju Crystals It was Mercury retrograde and I just didn't want to do that and I was like something besides astrology I was like there's something is holding me back from saying yes to her and I just didn't know what it was by I said you know what I'm just going to trust.

16:05.33

BRIAN

Yeah, yeah. Got it.

16:17.11

Yvette Gonzalez

My intuition on this and so I said no and then in August third times that your are I had my new head shots stronger self tapes I emailed the agents and managers again this time I got 5 meetings.



## Ep. 64 - Your Identity and Your Acting Career Are Your Birthright with Yvette Gonzalez - Transcript

16:18.79

BRIAN

Got it? Wow. So yes I love this? Yes, Yeah, yeah, yeah, yeah, yeah.

16:36.49

BRIAN

Awesome! That's awesome. Oh my gosh. So wait I want to just track this for everybody so before anybody's like oh my god it took her 3 tries I want to make sure you're hearing what she's saying is first time around I was like nope these are not i.

16:37.90

Yvette Gonzalez

2 offers and I found my agent and I said yes to him.

16:52.87

BRIAN

Awesome I got validation in the business I get the there's something here that says these aren't my people these aren't these aren't right match for me there I because remember you're not They're not the only ones who get to decide and that's what I think is so empowering about what you're describing cause I'm sure that was like whoa I'm saying no right now and then again and then. The third time was the charm of like and I want to make clear is like the third time isn't the charm of like she got meetings every single time. The third time was the charm when she said ah I've found the person that I feel good about and I think that's so powerful and also so that I would just say like that's so cool that you're like.

17:20.20

Yvette Gonzalez

It is.

17:26.88

BRIAN

I think a lot of actors be like oh my god you got 6 meetings the 6 offers of course you signed right away like no actually I did not I walked away from the offers because it wasn't right and that's such a rare time that I hear an actor say that and what about that like what did it give you to say no.

17:40.70

Yvette Gonzalez

It was such a powerhouse move, but another thing is like I learned this through your class just because we worked so much on our like personal growth our like self work as a person and as an actor this was kind of where I started reclaiming.



## Ep. 64 - Your Identity and Your Acting Career Are Your Birthright with Yvette Gonzalez - Transcript

17:53.75

BRIAN

Okay.

18:00.70

Yvette Gonzalez

My identity as a latina and instead of being like oh I want you I want you and I was like no these people are gonna be on my team. We're gonna be collaborating together I'm going to have some boundaries. This is what I want from representation and each meeting I was getting closer and closer.

18:17.77

BRIAN

Kind of yeah and I also hear you saying like you know each meeting you were maybe getting stronger and stronger like knowing what your taste was like you know like oh I've I've I've tried this one and I've tried this one and it's clear to me this is more what I want so I love that it was almost like I also think of like those first ones were all rehearsal for you.

18:18.48

Yvette Gonzalez

To that one rep.

18:35.70

BRIAN

To get closer on your clear clarity you wanted. So if you could identify 1 specific part of this agent goals process that helped you the very most what would it be would you say and and why.

18:45.95

Yvette Gonzalez

I Have to think about that one? Oh my God I just feel like I'm repeating myself. It's just like that personal growth is just coming full circle back to where I'm from.

18:47.52

BRIAN

Yeah, good you can pick more than one if you're.

19:03.58

BRIAN

Yeah.



## Ep. 64 - Your Identity and Your Acting Career Are Your Birthright with Yvette Gonzalez - Transcript

19:05.58

Yvette Gonzalez

Building that foundation having the support in my own family and in the community that was a plus for me and just knowing that I was heard. Also.

19:15.44

BRIAN

Ah, that's awesome When you say you were heard talk a little bit more about that. What do you mean when you say that.

19:24.44

Yvette Gonzalez

Just that my story is important I'm unique and deserving to be out in the field.

19:35.30

BRIAN

Yeah, yeah, so I mean everyone please listen to that whoever is listening and thinking about representation thinking about you know is acting going well for you? What? what? you just said is so important for us to take away because it's so easy for that to slip away when we're not getting validation or we're not getting auditions like it can. It can get in the way in. 1 thing also is that I hear you saying is I want to backtrack a little bit which is you brought your story to this. It wasn't that in the course I was like well if that here's what's unique about you and you need to do it. It was you showed you know through the work. You did you said this is what I think I have to claim right? and I'll say that. In the course you know watching so many actors go through this It's so um, it can be surprising to the actor and also like oh my god of course this is the thing I need to claim and it becomes so much like like I love that you actually did have a homecoming. But what I notice is actors return to themselves like return to themselves in this process in a way. That's the the one who you said fell in love with acting when they're watching pirate to penzance and that that is the actor and and like that is the actor who's having meetings who is saying I belong in this business. No matter what this manager agent says and.

20:46.17

BRIAN

Do you believe that too then great. We're we're a match or you know there's more conversations around that that can be more specific but that's how it work goes. So I think you've already covered this question but I want to give you a chance to just think about it see if you didn't if there's more to this is there anything that you learned about yourself through this process.



## Ep. 64 - Your Identity and Your Acting Career Are Your Birthright with Yvette Gonzalez - Transcript

21:03.79

Yvette Gonzalez

To embrace my tenacity.

21:07.60

BRIAN

Say more I Love it.

21:13.76

Yvette Gonzalez

It's just um, I've always been a go-getter and I've always had this strength in me and during the pandemic that part of me has become stronger and stronger. And I noticed that whenever I walk into a meeting or if I walk into an audition whether it's like in person or self tape I'm so grounded and comfortable in who I am.

21:43.43

BRIAN

Nice Wow Bet You didn't think that was gonna happen when you said I need to get an agent in this class right? Damn it shit that happened too. So I'll just say that one of the things that is so nice talking to you is I get what you just said I feel that groundedness from you I feel that very I feel like I'm talking to.

21:47.97

Yvette Gonzalez

I know.

22:03.32

BRIAN

This is not the right word but like I feel like I'm talking to an adult for lack of a better word like I'm talking to a person who knows the space that she takes up in a room a person who takes up the space that she can you know? Um, yeah, so there are probably a lot of actors who are listening ah but well if that as you think about? Well here's a question for you.

22:12.21

Yvette Gonzalez

I Just want to cry. Thank you for that.

22:23.17

BRIAN

Two years ago essentially is when we probably met ish around this time I would say you know, um, what do you know about yourself now that you didn't know then.





## Ep. 64 - Your Identity and Your Acting Career Are Your Birthright with Yvette Gonzalez - Transcript

22:23.79

Yvette Gonzalez  
Um, ah yeah.

22:37.79

Yvette Gonzalez

Tears are gonna come up right now just thinking about it. Um, just reflecting back on who I was two years ago I was an actress who was just trying to get her footing just trying to stand. And be tall and where I'm at now she was manifesting that she was thinking about when that I can't wait till that date comes I'm so excited for when that moment comes I don't know when it will be. But I can't wait till I get there and now I am here.

23:19.83

BRIAN

Yeah I love the way you said that and I just really want to reflect back that that is who I see and it's so clear and if you guys haven't seen this woman's headshots. You need to run because they look like exactly what you just described. They're so dang good I just want to compliment you on your headshots. But but what you you know? I just got reminded of the quote is from. Lizard Oz you've always had the power my dear which is you know Collinda says to Dorothy and it just feels like that reminder just came to me so I really appreciate that and I will say or share that it has been watching you go through this you know it's part of the program is getting the chance to get to know you better in the delight.

23:57.19

BRIAN

Of watching you wrestle and I'm not saying painfully wrestling but you like were like this I get why this is like watching you take a note and go how do I make this work so that I am really showing up here. How do I. Own more of who I am so that whoever I do end up meeting with is like excited about that person and I think that's one of the things that you have really emulated. So if you're listening now and you're thinking about like well what does that mean, let me just give you an example of that like if Yvette wrote the like diet coke version of herself into an email. And any manager or agent who reads that isn't meeting the real event and then that means we're starting this whole relationship from whether or not they call you in to having the meeting to tell me more to saying no to saying yes all on this like less than true version of yourself. And this isn't to say this is just about writing one email. It was about her claiming her identity from the beginning and then making it clear to people so that they can say no I mean I think it's so important like oh yeah, that's not for me and this is for me like that's such an important piece of this is give people the help they need to say no to you and then the people yeses can just emerge. So I love that you said that so they're probably it.



## Ep. 64 - Your Identity and Your Acting Career Are Your Birthright with Yvette Gonzalez - Transcript

24:55.33

Yvette Gonzalez  
Resolve.

25:02.85

BRIAN

A few actors listening right now who are where you were and what would you say to them. What's your wish for them. Would you say.

25:12.95

Yvette Gonzalez

To believe in yourself and take that first step because taking the first step is always a hardest.

25:21.50

BRIAN

Yeah I appreciate you saying that? So what? what was your journey like inside of this program. Would you find what we would describe it like in in 3 words, what was it like.

25:30.56

Yvette Gonzalez

Oh my gosh. Okay, um, it was fun. That's one it was educational just just because I feel like a baby and I'm learning I'm learning new things but also.

25:38.80

BRIAN

Yay.

25:42.35

BRIAN

Ah I Love that word. Yeah.

25:49.78

Yvette Gonzalez

Um, abundant.

25:53.21

BRIAN

Nice, nice. What are you taking with you from what you learned in this course Beyond Just your representation.



## Ep. 64 - Your Identity and Your Acting Career Are Your Birthright with Yvette Gonzalez - Transcript

26:02.58

Yvette Gonzalez

Just my confidence in myself having a community no matter where I go.

26:13.77

BRIAN

That's great. You know I always say like people never think about people always think of community as the extra credit part of something that they do and it becomes when any anyone's talked about the programmer talked about you know, doing almost any like oh the people that I met during at the community is such a huge piece of what helps you accomplish it. So I um. As we were thinking about you know how? let's let's have a vet on the package. She had such a cool story and whatever as I was thinking more about it of course I remembered you claiming your heritage as part of this whole process is there any message you have for the young lady who's from Fresno.

26:47.39

BRIAN

Having the same thoughts right now that you'd want to say Beyond believe in yourself is and maybe it's the same message but is there anything else. You'd want to say to her specifically.

26:54.61

Yvette Gonzalez

Follow your intuition. It might be scary, but something's on the other side.

27:02.87

BRIAN

Yeah, and and my final thing I Want to say is how incredibly spiritually grounded. You were to say no to people who offered you representation and said I'm gonna trust that this isn't what's right for me and that is. I Think such a at the other side of that alone. You must have felt like a real badass because that is so huge to be able to say that right to be able to say no these aren't my people and I and I'm trusting my own intuition but I just love that. Um, well I Just want to thank you so much for.

27:28.20

Yvette Gonzalez

As all.

27:35.28

BRIAN

On the podcast today. Is there anything you care to share about us with us That's been going on in your career that you feel comfortable sharing.



## Ep. 64 - Your Identity and Your Acting Career Are Your Birthright with Yvette Gonzalez - Transcript

27:42.10

Yvette Gonzalez

Just that by following my intuition and finding my rep I've been getting an abundance of auditions.

27:53.11

BRIAN

Shut up shut up I'm so proud of you and yes I am so happy for you? Oh Y event I mean that makes me so happy I mean that I mean that's the end game right? That's the end game. But what I also want to do I Love what you said is like in my auditions in my myself tapes.

27:57.34

Yvette Gonzalez

Bit of 1 gig. But.

28:06.80

Yvette Gonzalez

No.

28:11.49

BRIAN

You know, whatever kind of like I am this person that I identify during this process which I think is not what anyone expects So I just appreciate you owning that So big and bold and I know that we are all I'm sure listeners and me are really excited to follow along. Is there a place where we can just watch and continue to watch your growth that we could look at on social media or anything like that.

28:27.35

Yvette Gonzalez

Yes, Instagram you can follow me at Yvette Gonzalez with three z's so it's YVETTEGONZALEZZZ.

28:30.71

BRIAN

Yeah.

28:40.22

BRIAN

Love it. Ah love its art. We will also link to that in the show notes if anybody didn't get that fast enough but I bet if you type Inette Gonzales she'll see her pretty quickly. Um, thank you so much for sharing this day and being vulnerable and and I really want you to hear from the bottom of my heart like it.



## Ep. 64 - Your Identity and Your Acting Career Are Your Birthright with Yvette Gonzalez - Transcript

28:52.33

Yvette Gonzalez

Yeah, thank you.

28:57.22

BRIAN

It really delights me to see you be so successful and to own that it is you know I strongly believe that we're not here alone but that we are. We are all one here. We're all here supporting each other but I also believe that there's a time when you have to show up for or as Elizabeth Gilbert says you have to ruthlessly pursue I think it's you have through ruthlessly. Manifest your own blessings which is that there are always be coming to I'm sure I botch that so don't go yelling at me on Instagram everybody. So um, ah or another way that I think Julia Cameron says this in the artist's way is she says you have to ah run pray for the bus and run for the bus.

29:32.45

Yvette Gonzalez

Yes.

29:34.50

BRIAN

Both things have to happen right here I Love it right? And so to me I Just see you walking that walk so clearly in the power that it gives you and how magnetic and attractive. It makes you for all the undances that's going to come your way So I just am so grateful for you really modeling that for me actually and for this audience. So thank you so much for being here. Yay yay.

29:47.50

Yvette Gonzalez

Yes I love it. Thank you.