

FYI: Timestamps listed here are not correct, but know that all of the content from the interview is here.

88

00:14:51.450 --> 00:15:00.150

Brian Patacca (he/him): Tara, thank you so much for joining me to

89

00:15:00.180 --> 00:15:10.620

Brian Patacca (he/him): Talk about what it has been like, you know, in this process, you know, finding representation is such a journey for any actor and

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00:15:11.550 --> 00:15:13.320

Brian Patacca (he/him): You know, I think it's one of the things that can be

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00:15:13.530 --> 00:15:21.300

Brian Patacca (he/him): A conversation with yourself. That's like is this ever going to happen. And you always feel like you're left you never get to go on the playground. You're like outside the playground, because you're always doing the thing like

92

00:15:21.630 --> 00:15:26.850

Brian Patacca (he/him): Trying to get a manager agent which isn't actually even doing the thing right just feel like you're left out in the cold.

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00:15:26.880 --> 00:15:30.570

Brian Patacca (he/him): Right. Totally. So congratulations. I'm

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00:15:30.930 --> 00:15:31.500

Brian Patacca (he/him): The manager.

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00:15:33.090 --> 00:15:36.450

Brian Patacca (he/him): Could you thank you for joining me today. And just like just



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00:15:36.480 --> 00:15:44.100

Brian Patacca (he/him): Really, I want you to be feel as honest as you can be about this process for you and to be very transparent everyone agent goals is coming

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00:15:44.820 --> 00:15:58.530

Brian Patacca (he/him): And I want to tear to come on here so she can tell you how she did it. And so you can help to help you make a decision if agent goals might be right for you. So Tara, tell us just share your results and tell us the story of how you landed your manager.

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00:15:58.860 --> 00:16:16.770

Tara Goldsborough: Yeah, um, God, what a what a journey. You know what I mean. It took a long time, but it was totally worth it. So basically like working through agent goals and just like kind of getting down to that really like beautiful vulnerable side of who you are as a person.

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00:16:18.060 --> 00:16:23.250

Tara Goldsborough: And putting that out there you know out to managers and agents that you think might be right for you.

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00:16:24.150 --> 00:16:31.170

Tara Goldsborough: Obviously, giving them you know your wins. Your headshots your resume reels, all those things.

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00:16:31.980 --> 00:16:41.880

Tara Goldsborough: But really I think the difference with this was being able to give them more than that, like, this is what I do. You know, in my job, but this is who I am.

102

00:16:42.240 --> 00:16:54.720

Tara Goldsborough: And I think that was a little bit, not a little bit. A lot of it, the difference that it made. And then I started getting meetings like right off the bat. And I was like, whoa. This is so weird. This is so different from anything I've ever done.



103

00:16:56.370 --> 00:17:10.830

Tara Goldsborough: And it was really cool because I was put in a position where I got to choose who was right for me and I had agents and managers pitching themselves to me and I was like, hold on, what's happening. I feel like I'm in the twilight zone.

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00:17:11.400 --> 00:17:12.240

This is a real

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00:17:13.740 --> 00:17:14.370

Tara Goldsborough: Um,

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00:17:14.700 --> 00:17:19.800

Tara Goldsborough: Yeah, and it was, it was amazing. And it actually took two weeks for my current manager and I had to connect

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00:17:20.820 --> 00:17:31.890

Tara Goldsborough: And when we did finally connect you know the way she spoke about what she saw in me and the way she spoke about how she wanted to move forward, you know, with my career and how we could work together to make that happen.

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00:17:32.370 --> 00:17:40.710

Tara Goldsborough: I was just like, this is what I need. She also happens to be a manager. That's kind of more like an agent manager combo, which for me.

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00:17:41.280 --> 00:17:55.350

Tara Goldsborough: Based on where I'm at, in my career is kind of the right move because I'm looking to get those you know credits that can move me forward in a big way. So I can have bigger representation. So this just felt like the right move kind of



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00:17:55.410 --> 00:18:03.360

Brian Patacca (he/him): I mean, I want to say one of the things that I think is probably surprising to everybody listening is, you know, I just got really, really vulnerable.

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00:18:05.520 --> 00:18:16.710

Brian Patacca (he/him): Like, I think we're we're expecting you to say is I got new headshots. And I, and I worked on my real and i and i went to acting class and I got a bunch of good credits for myself. Like, that's kind of what we expect you to say.

112

00:18:18.150 --> 00:18:26.430

Brian Patacca (he/him): Oh hold on one second, because I just got a message from summer who said she's not seeing anything on Facebook. So I just want to make sure it's all working

113

00:18:26.520 --> 00:18:26.790 Tara Goldsborough: Yeah.

114

00:18:27.000 --> 00:18:32.040

Brian Patacca (he/him): Let me just check one second here. I'm going to refresh here, I see it happening. So I think we're okay.

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00:18:32.820 --> 00:18:46.620

Brian Patacca (he/him): She's liking me again, just making sure. I don't want to just started. We're good. Okay. Great. So now we know there's a little bit of a lag time on doing a Facebook live like this. And so we're all learning together. So, so just kind of bring us back to where we were.

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00:18:47.970 --> 00:18:54.090

Brian Patacca (he/him): Yeah, I think we expect you to say, I had to get credits and then I had to make like puff ourselves up to the mat. So can you



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00:18:54.750 --> 00:19:06.180

Brian Patacca (he/him): Tell me a little bit more because what what you're saying, I think. And what we're hearing you say is I got really vulnerable and that's what attracted managers. Can you speak into that a little bit more

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00:19:06.270 --> 00:19:16.320

Tara Goldsborough: Totally, yeah. So like I've done send out before in the past. Right. And I just, I remember having that feeling of like, okay, just be really like

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00:19:16.950 --> 00:19:30.930

Tara Goldsborough: Simple like don't really put energy or your personality into the email like just make it really like blanket statements, you know, they don't have time to care about who you are, until you get the meeting. Right. That was my thought process.

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00:19:30.960 --> 00:19:34.320

Brian Patacca (he/him): Wait, say that again. I think that's so important vital say that one more.

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00:19:34.320 --> 00:19:46.290

Tara Goldsborough: Yes. So my thought process was they don't have time to care about who I am, until I get the meeting. So that's how I was approaching it first, when I had done send out like three, four years ago.

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00:19:47.520 --> 00:19:53.730

Tara Goldsborough: And the feedback was always, no. Not now, or none at all.

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00:19:54.150 --> 00:19:55.590

Tara Goldsborough: You know, most of the time.

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00:19:55.710 --> 00:19:59.430

Brian Patacca (he/him): Silence is what you mean like silence. Right, exactly. Silence right



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00:20:00.420 --> 00:20:13.530

Tara Goldsborough: So painful and for me personally, I mean, I think a lot of actors right we're beautiful artful people and we take things so personally in that regard, especially in terms of our careers.

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00:20:14.760 --> 00:20:21.960

Tara Goldsborough: So it was always just this feeling of like, I know that I have something to offer and I'm so frustrated that they can't see it.

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00:20:22.860 --> 00:20:32.790

Tara Goldsborough: And I think the biggest thing about aging goals that changed everything for me, it was just like, no, they need to see who you are, before they can ask for the meeting.

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00:20:33.900 --> 00:20:50.250

Tara Goldsborough: They really need to get it so like your personality has to come out in this email and they have to feel connected to a human being not a computer or not, you know, a copywriter. He just wrote out this email but isn't any part of you.

129

00:20:51.270 --> 00:21:00.690

Tara Goldsborough: It's just boring people do it all the time. It doesn't catch anyone's I it's not interesting. And it's just really in authentic and that's not who you want to be anyway.

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00:21:00.930 --> 00:21:07.530

Brian Patacca (he/him): Right, I mean what you just said. At some point, I think that it's boring people aren't going to notice that it's easy. What I'm hearing you say is it's easy to say no.

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00:21:08.280 --> 00:21:15.600

Brian Patacca (he/him): When there's not a lot of person in an email like that. It's very easy for me to say no when it is a receipt. Here's what I've done in my life, boo, boo, boo, boo, boo.



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00:21:15.720 --> 00:21:17.970

Brian Patacca (he/him): I can't say no, it's very easy for me to get not enough for me.

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00:21:18.150 --> 00:21:26.340

Brian Patacca (he/him): Or even click on your link, let alone. Look at your stuff, I think, is what I'm hearing you saying, right. So I'm going to just you, like you said actors are heart centered people and

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00:21:26.910 --> 00:21:27.810

Brian Patacca (he/him): very vulnerable with a

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00:21:28.110 --> 00:21:40.500

Brian Patacca (he/him): Bunch of strangers. Not so easy. What was that like journey like for you as you kind of went in there and made decisions. You have to tell me you know what you decided on. But like, as you were deciding what am I going to reveal what was that

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00:21:41.100 --> 00:21:45.030

Brian Patacca (he/him): Like did you wrestle with that wasn't a quick process for you just give me a little bit about how that work for you.

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00:21:45.240 --> 00:21:50.820

Tara Goldsborough: Yeah, it was definitely not a quick process. I'm kind of like the intro to the email.

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00:21:51.840 --> 00:21:54.750

Tara Goldsborough: Was a little bit of a quick process like my first line.

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00:21:56.220 --> 00:22:05.130

Tara Goldsborough: I was just kind of like hearing other people talk about what they were doing, or hearing other examples, and I was like, oh, light bulb. Right. So I'm a singer, songwriter.



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00:22:05.190 --> 00:22:07.020

Brian Patacca (he/him): Yeah, we can isolate down. Sorry. Yeah.

141

00:22:07.200 --> 00:22:11.400

Brian Patacca (he/him): I'm also trying not to talk on top of you. At the same time, so you may see me smiling and not making faces.

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00:22:12.540 --> 00:22:18.090

Brian Patacca (he/him): So what I'm hearing you say is by hearing other people's examples inside of the course, you were hearing like oh

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00:22:18.480 --> 00:22:30.060

Brian Patacca (he/him): I get why that's going to work for her and I get why that didn't work. Why that won't work for him and why he needs to change that. And so you were able to say, oh, so I need to go a little further, I need to get a little bit more. Got it.

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00:22:30.330 --> 00:22:39.420

Tara Goldsborough: Yes, exactly. So it was like it was a ton of inspiration and a ton of different examples which is also really helpful right because you're not just pigeonholing until one way to do something.

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00:22:39.990 --> 00:22:47.910

Tara Goldsborough: It's like okay so this person decided to go this way and this is why I feel like this works. And this person kind of decided to go this way.

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00:22:48.450 --> 00:23:00.540

Tara Goldsborough: And as I was saying, I'm a singer, songwriter and a lot of times what I do is like lyrics will pop into my head and I'll like record them into my phone, or I'll write them down. Right. So kind of similar with being vulnerable in this way.



147

00:23:01.200 --> 00:23:13.950

Tara Goldsborough: This line popped into my head and I was like, oh, that could really work. So I just, I wrote it down really quickly and then I did not come back to write my email for like four weeks.

148

00:23:14.130 --> 00:23:17.190

Tara Goldsborough: Mm hmm, because I just wasn't there.

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00:23:17.910 --> 00:23:22.020

Brian Patacca (he/him): Go. So tell me what that means. You say, I wasn't there because it sounds good, this beautifully inspired moment and then

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00:23:22.020 --> 00:23:22.530 Tara Goldsborough: Yeah.

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00:23:22.590 --> 00:23:30.420

Brian Patacca (he/him): But I am not ready to live into what I just discovered when I just this discovery. I heard this artistic this creative idea and tell me what that time about that.

152

00:23:30.600 --> 00:23:41.820

Tara Goldsborough: So it was kind of it again. It's for me like writing a song. It's like I don't push it. So when the initial inspiration happens I let that be and then if things continue to flow. Great.

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00:23:42.150 --> 00:23:51.660

Tara Goldsborough: But the inspiration happened to me during the class. So I was like, Okay, I'm going to write this line down. And then I'm going to come back to class and like pay attention because I like to do things on time.

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00:23:51.840 --> 00:23:52.110 Brian Patacca (he/him): You know,



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00:23:52.530 --> 00:23:53.160 Tara Goldsborough: But I do

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00:23:55.050 --> 00:24:05.610

Tara Goldsborough: And then you know the course happens and it's once a week, so I was like the next week, I was like, oh, I didn't come back and do anything. Okay, that's fine. I'm just going to continue on.

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00:24:05.790 --> 00:24:09.630

Brian Patacca (he/him): No way. Can I want to pause. I'm really gonna I'm gonna keep on, keep going in here and interrupting you.

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00:24:09.660 --> 00:24:13.110

Brian Patacca (he/him): Please see you also got your new this about yourself.

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00:24:13.200 --> 00:24:14.340 Brian Patacca (he/him): That I

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00:24:14.460 --> 00:24:25.110

Brian Patacca (he/him): Want to be on time and I can get in a relationship with being accountable and, you know, an online course is its own animal which is different than being in person where someone's got a ruler to slap you on your hand. Well, hopefully not

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00:24:26.160 --> 00:24:29.790

Brian Patacca (he/him): Right, I do my own version of getting you riled up and ready to go inside the

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00:24:30.090 --> 00:24:30.570

Right.



163

00:24:31.680 --> 00:24:40.410

Brian Patacca (he/him): Can you speak a little bit about this because I feel like it's the perfect moment to talk about how you like got yourself to be accountable. Can you share that to will get we're going to go through this journey and I'm just gonna keep making rest stops along the way.

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00:24:40.470 --> 00:24:53.610

Tara Goldsborough: No. Totally. I love that. So I decided when I committed to the course. Like, I'm going to show up every week on time when we have class when we have discussions like whatever, whatever the timing is I'm going to show up.

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00:24:54.630 --> 00:24:59.040

Tara Goldsborough: Luckily, we were in a pandemic and I didn't have a job. So that was fairly easy.

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00:25:00.510 --> 00:25:02.550

Tara Goldsborough: In terms of like just getting there.

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00:25:04.020 --> 00:25:11.340

Tara Goldsborough: So I was able to do that, but I did not. I also knew that there was work to do and that

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00:25:11.850 --> 00:25:22.020

Tara Goldsborough: We were in a pandemic and I was going through lots of things, just like most of us, right. So I was like, I'm going to show up to class on time and it's okay if I didn't finish my homework from the week before

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00:25:22.380 --> 00:25:23.520

Brian Patacca (he/him): Hmm. Great.



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00:25:23.670 --> 00:25:24.900 Tara Goldsborough: Great. Yeah.

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00:25:24.930 --> 00:25:32.790

Brian Patacca (he/him): Yeah, and that's a huge and I just want to just say, That's such a huge piece of I think the learning that you're supposed to get with a course like this because

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00:25:33.390 --> 00:25:40.920

Brian Patacca (he/him): I'm not just asking you to stapled papers and put things in envelopes. I'm asking you to do some deep work and so that deep work. I don't get to decide the universe's timeline for your

173

00:25:41.340 --> 00:25:50.340

Brian Patacca (he/him): Your personal growth. I can't police my calendar can't date dictate your personal growth. Right. So I love that mindset you brought like I'm going to show up to class, no matter what.

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00:25:50.640 --> 00:25:54.690

Brian Patacca (he/him): I might actually have the homework done from last week, but I'm going to show up because I want to

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00:25:54.960 --> 00:26:00.060

Brian Patacca (he/him): Get the learning that's there. And then I'm assuming some magical alchemy happens where they all kind of tied together tonight so

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00:26:00.390 --> 00:26:10.770

Brian Patacca (he/him): As I know I slowed you down in that piece of your story, but to bring us back into when you kind of felt like you were coming back on track with that brilliant idea. Like how did that. How did you know like what what showed up for you.



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00:26:11.400 --> 00:26:14.910

Tara Goldsborough: Um, you know, I went back to that inspirational first line. Yeah.

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00:26:14.970 --> 00:26:22.230

Tara Goldsborough: I kind of got to the to the place in the homework as I had gone back through and you know was finishing everything finishing but going through

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00:26:23.490 --> 00:26:35.490

Tara Goldsborough: And I was like, Okay. It's time. It's time to tackle the email like let's, let's do this. And I went back to that first line. And I think I even ran it by you in class, actually. And I was just

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00:26:35.490 --> 00:26:43.710

Tara Goldsborough: Like how does this feel for you and you gave me feedback. And that was really helpful. And then that kind of was able to catapult me into working through the rest of it.

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00:26:45.210 --> 00:26:51.000

Tara Goldsborough: And I you know I added things in there that I love like sports themes, because I I grew up playing sports.

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00:26:52.140 --> 00:26:58.080

Tara Goldsborough: Things that just are really me and I wanted to make it feel like I was saying it.

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00:26:58.380 --> 00:26:59.640

Tara Goldsborough: To someone you know

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00:27:00.030 --> 00:27:04.320

Tara Goldsborough: Like they were hearing my voice, talk to them through the email.



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00:27:04.440 --> 00:27:04.650 Brian Patacca (he/him): Right.

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00:27:04.830 --> 00:27:15.600

Brian Patacca (he/him): And and then was really helpful. Good. And then tear. I want to just pull apart here because you know we're talking about this, people are listening, and I'm sure there's some people who are doing like so. Wait, is it just about writing an email. Can you speak to. Yeah, I see you shaking

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00:27:16.800 --> 00:27:19.800

Brian Patacca (he/him): What else is it what because there. I think there's there's a lot more that goes into this

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00:27:19.830 --> 00:27:35.250

Brian Patacca (he/him): So can you. Yeah, so the email I I experienced as a product of the growth that you go through in this in the program. Right. And if you were to say like one like let's say you were to pick one part of Agent goals that helped you the most. What would that be in y.

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00:27:36.240 --> 00:27:36.660

Ou

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00:27:38.130 --> 00:27:44.820

Tara Goldsborough: Going through our stories and finding like our unique Ness and our stories.

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00:27:46.170 --> 00:27:58.110

Tara Goldsborough: And it's interesting because it's something that I've constantly been working on myself my entire adult life. So it's something I was like oh like this will be really easy for me like this will be really obvious.



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00:27:58.860 --> 00:28:09.690

Tara Goldsborough: And even though when I got to the end and I realized what it was, it was obvious, but I had never been able to put words to it before in the way that I was because of Agent goals.

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00:28:11.130 --> 00:28:23.460

Tara Goldsborough: So that was so helpful and allowing me to show up for myself in a very different way and to forgive myself for the ways that I had been showing up in the past that weren't working

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00:28:23.850 --> 00:28:30.870

Brian Patacca (he/him): Wow, I just what you're saying here too soon as it really gratifying to hear you say that that this is the journey. I'm hoping someone has inside the course right

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00:28:30.870 --> 00:28:34.260

Brian Patacca (he/him): Yeah. And what also we're talking about getting management agents, guys.

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00:28:34.890 --> 00:28:35.670 Tara Goldsborough: This is not

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00:28:36.240 --> 00:28:38.910

Brian Patacca (he/him): The way they talk about this normally

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00:28:38.940 --> 00:28:39.420 Tara Goldsborough: Yeah.

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00:28:39.480 --> 00:28:46.950

Brian Patacca (he/him): So what I heard you say, and I'm going to, I might do this poorly so correct my words, but I want to kind of underline this for everyone, which is



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00:28:48.480 --> 00:28:58.650

Brian Patacca (he/him): I felt like I was, you know, I had it together. I kind of knew what my story was they had a sense of it right because I've been I'm a person who is a secret who looks at her stuff. I'm a personal growth kind of persons right and

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00:29:00.780 --> 00:29:09.000

Brian Patacca (he/him): I bought in going through the process. I found parts of myself or parts of my story that I had orphaned off because they didn't have language for them.

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00:29:10.140 --> 00:29:13.440

Brian Patacca (he/him): And by having language for them is why I attracted the right person.

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00:29:14.160 --> 00:29:18.600

Brian Patacca (he/him): Yep. And it's still Lou. This is, I know this is still a new man. Right, right.

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00:29:18.840 --> 00:29:21.090

Brian Patacca (he/him): Right. So, I mean, but but what I think.

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00:29:21.420 --> 00:29:30.480

Brian Patacca (he/him): You know, you don't get. I don't like to you, I find myself, often using romantic terms are we talking about managers and agents, but I just want to be very clear. You guys, I'm not an advocate for anybody getting

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00:29:30.930 --> 00:29:34.080

Brian Patacca (he/him): Their manager agent, especially in the age that we're in right

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00:29:34.230 --> 00:29:35.610

Brian Patacca (he/him): But what I'm trying to say is like



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00:29:36.240 --> 00:29:46.620

Brian Patacca (he/him): You go to the altar and you know you're going to say I do. And so you live into the you live into that marriage. I put in quotes. With that manager agent with the assumption of positive intent.

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00:29:46.770 --> 00:29:47.280 Brian Patacca (he/him): Yes.

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00:29:47.340 --> 00:29:48.180

Brian Patacca (he/him): You're generous of right

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00:29:48.420 --> 00:29:56.580

Brian Patacca (he/him): And so that's the ladder of your in your honeymoon in a great way. And I think, you know, you can have a honeymoon for a long time. I don't want, I don't think it's important that you can tell me where you're at with this because maybe we'll need a little coaching on it.

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00:29:56.730 --> 00:30:08.040

Brian Patacca (he/him): Yes, the idea of, okay, I'm in the honeymoon right now. So we're going to see what happens when the other shoe drops like that is not the mindset that I want you to go into them. So tell me where, where are you just in that process right now.

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00:30:08.100 --> 00:30:13.770

Tara Goldsborough: Totally, yeah. So I signed my paperwork with my manager, I think you'd be like two, three weeks ago.

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00:30:13.890 --> 00:30:15.240

Brian Patacca (he/him): Congratulations again thank



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00:30:15.240 --> 00:30:17.340

Tara Goldsborough: You super exciting.

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00:30:18.600 --> 00:30:26.730

Tara Goldsborough: And then after I did that. So just to give you a little backstory in order for me to get there. We had a phone call that was about 40 minutes

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00:30:26.820 --> 00:30:27.210 Brian Patacca (he/him): Right.

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00:30:27.300 --> 00:30:31.920

Tara Goldsborough: And within that phone call. The majority of it. She was just hard for pitching me

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00:30:32.430 --> 00:30:38.190

Tara Goldsborough: You know, like, just like flying off like talking about all the things. And I was like, wow, this is really cool.

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00:30:38.790 --> 00:30:45.570

Tara Goldsborough: But I didn't get a ton of words in because she was really trying to, like, you know, get, get me on a roster.

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00:30:46.140 --> 00:31:00.270

Tara Goldsborough: So still great conversation. I loved what happened. I wasn't upset about it and I knew that once we started our relationship. I wanted to hop on zoom and have like 15 minutes where we just get really clear about what we're going for.

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00:31:00.480 --> 00:31:04.140

Tara Goldsborough: Yeah, so she doesn't submit me for like something that I'm not going to do



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00:31:04.470 --> 00:31:04.950 Brian Patacca (he/him): Right.

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00:31:05.010 --> 00:31:06.450

Brian Patacca (he/him): Right. And then she looks bad, and I look

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00:31:06.450 --> 00:31:07.410

Tara Goldsborough: Bad and, you know,

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00:31:07.740 --> 00:31:14.490

Brian Patacca (he/him): I have a question. Cuz I want to really get into this, so when she met with you. She clearly was pitching to you, meaning like please be my client is what I'm hearing you say. Right.

227

00:31:14.580 --> 00:31:20.520

Brian Patacca (he/him): Yeah. And did you get a sense that she knew who you were before you showed up to that meeting. I'm just wanted to capture. Okay.

228

00:31:20.670 --> 00:31:21.450 Tara Goldsborough: Yeah, oh yeah.

229

00:31:21.990 --> 00:31:25.320

Tara Goldsborough: And I think a lot of that has to do with not only the email.

230

00:31:27.240 --> 00:31:37.620

Tara Goldsborough: But it's the combination of everything right. So it's the email, it's the real clips that I chose, which, by the way, I only had two real clips and they were my real and total was like a minute long



231

00:31:37.980 --> 00:31:43.020

Tara Goldsborough: Got a self tape that I felt was very connected to characters that I want to play.

232

00:31:43.350 --> 00:31:45.780

Tara Goldsborough: Mm hmm. So she saw me.

233

00:31:46.230 --> 00:31:47.250 Tara Goldsborough: Yeah, clearly.

234

00:31:47.430 --> 00:31:50.850

Brian Patacca (he/him): Because you. Sorry. Yeah. What I'm here. She saw you in the email because you showed up and then

235

00:31:50.880 --> 00:31:53.820

Brian Patacca (he/him): I saw your work because you put your work on the line is what I'm hearing you say.

236

00:31:54.060 --> 00:32:00.360

Tara Goldsborough: Exactly. And I put the work that I believe most resonates with who I am as an artist.

237

00:32:01.320 --> 00:32:05.940

Tara Goldsborough: Right, so like I made a very distinct choice to show her specific work.

238

00:32:06.600 --> 00:32:08.340

Tara Goldsborough: That I want to lean into



239

00:32:08.640 --> 00:32:14.550

Brian Patacca (he/him): Right, so where it's where you're going. Work of where you're going, not just what you've done, right, which sometimes I think that's why a real can actually work against you.

240

00:32:14.790 --> 00:32:19.050

Brian Patacca (he/him): Right, because I think a lot of actors are like picking reels from the crap they shot.

241

00:32:19.170 --> 00:32:24.810

Brian Patacca (he/him): A while ago and it's not actually who they want to be as an actor. And so then it's just not putting them in the right attracting them right. So do I think a real can be

242

00:32:24.900 --> 00:32:29.430

Brian Patacca (he/him): A problem so nice. Thankfully, you had a couple clips that were actually workable, but even then you there were just a couple right

243

00:32:29.670 --> 00:32:34.380

Tara Goldsborough: Right. But I have like 10 real clips and you know what I mean, most of them. I was like, bye.

244

00:32:35.700 --> 00:32:36.060 Brian Patacca (he/him): Bye.

245

00:32:36.360 --> 00:32:36.870 Brian Patacca (he/him): Bye.



246

00:32:37.800 --> 00:32:46.230

Brian Patacca (he/him): You may have answered this already, but you helped me did. What did you learn about yourself in this process do we already answered that, or is there a different answer to that.

247

00:32:46.410 --> 00:32:50.760

Tara Goldsborough: Um, I don't know if we did. So yeah, we can answer that for sure. I

248

00:32:52.410 --> 00:33:04.380

Tara Goldsborough: You know, it's one of those things where it's like more evidence that I can absolutely do anything, which I think is so huge in this industry because I've been in LA for 12 years it took me 12 years to get a manager.

249

00:33:05.070 --> 00:33:19.620

Tara Goldsborough: Which doesn't feel good, right, if you if you like sit in that it really doesn't feel good. So I've been playing this game for a very long time. I've been running this marathon. For a long time, but there's something inside me. That's always like Tara, you can do anything.

250

00:33:20.700 --> 00:33:27.960

Tara Goldsborough: And it's not silly and it's not grandiose, and it's not you being out of your mind. It's you, knowing who you are.

251

00:33:29.130 --> 00:33:39.990

Tara Goldsborough: So it just gave me like further evidence that and proof that like yes girl. This is who you are and the universe is helping you out as long as you help yourself out.

252

00:33:40.590 --> 00:33:54.180

Tara Goldsborough: And be who you are, you know, like Show. Show up that way all the time. If I'm trying to show up the way I think someone needs me to show up. Then I'm not going to be genuine. And they're going to see right through it or not be able to see it at all.



253

00:33:54.960 --> 00:33:58.770

Brian Patacca (he/him): I love what you're saying here because it's really, it's this weird paradox that I think we hold, which is

254

00:33:59.310 --> 00:34:10.290

Brian Patacca (he/him): There is a so like I think the whole course holds a paradox, which is agent goals is a way to reach out to managers and agents. And yet, if you just did things as someone else told you to do. And you filled it in like a robot.

255

00:34:10.470 --> 00:34:20.730

Brian Patacca (he/him): You wouldn't be showing up. Right. So the, I think that if I can toot the horn of Agent goals for a second. Is it isn't saying you must do it this way, saying you must be in this for this to work, you have

256

00:34:20.730 --> 00:34:23.730

Brian Patacca (he/him): To show up in this. This is the way that Tara did agent goals is not the way

257

00:34:24.030 --> 00:34:26.940

Brian Patacca (he/him): Someone else who's watching right now might be doing jingles. Right.

258

00:34:26.970 --> 00:34:32.730

Tara Goldsborough: Absolutely right. And it's like, it's a it's a formula. It's an example. It's a possibility. It's like

259

00:34:32.940 --> 00:34:39.630

Tara Goldsborough: It's opening the doors and giving you a way that you've proven has worked for many, many people



260

00:34:39.660 --> 00:34:39.900

Yeah.

261

00:34:41.100 --> 00:34:50.130

Tara Goldsborough: But the way that it works is that the only way that it works is you being real with yourself and with the people that you're reaching out to

262

00:34:50.220 --> 00:34:55.620

Brian Patacca (he/him): That's the way. Can I just tell you something I if I was in this course. The first assignment I would skip would be the one that you talked about in the beginning.

263

00:34:55.800 --> 00:34:56.340 Tara Goldsborough: Sure.

264

00:34:56.400 --> 00:34:59.160

Brian Patacca (he/him): Yeah, I'm like, I've done enough personal work. I don't need to do this.

265

00:35:00.240 --> 00:35:04.410

Brian Patacca (he/him): What can you what is the danger of what do you think is the danger of someone not doing that in this

266

00:35:04.440 --> 00:35:13.140

Tara Goldsborough: Oh man, I wanted to skip it, too, because I'm just like Brian, how many times have I told these stories. I don't want to be a victim. I'm over telling this like sob, blah, blah, Right. Yeah.

267

00:35:13.860 --> 00:35:30.360

Tara Goldsborough: So I think the danger is that you're going to keep playing the same game you've been playing, which is like right here. It's like right in the middle. It's not that dangerous. It's not that scary. It's like, yeah, I'm here, I'm playing, I'm doing it.



268

00:35:31.650 --> 00:35:40.200

Tara Goldsborough: But you're not soaring. You know what I mean. And like, if you want to do that if you want to move up and move forward and level up.

269

00:35:40.860 --> 00:35:44.100

Tara Goldsborough: There has to be kind of a come to Jesus moment.

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00:35:44.940 --> 00:35:54.930

Tara Goldsborough: Right where it's just like, Okay, we gotta get we gotta get down and dirty and we got to look at all this stuff even things that you think that you've dealt with and that you think that you don't need to think about anymore.

271

00:35:55.590 --> 00:36:12.450

Tara Goldsborough: Those things made you who you are, period. So you do need to to do those exercises and work through them and have people you know tell you how you're showing up because we get lost in here so often.

272

00:36:12.630 --> 00:36:18.480

Tara Goldsborough: Yeah, right. And we stop we stop connecting to the heart, except in our characters that we play

273

00:36:19.350 --> 00:36:19.770 Brian Patacca (he/him): Yeah.

274

00:36:19.860 --> 00:36:25.830

Brian Patacca (he/him): I hear what I don't think they hearing. You're saying I want to connect this to you actually showing up to some of your meetings and a second



275

00:36:26.040 --> 00:36:35.970

Brian Patacca (he/him): Yeah, first I wanted to just say what I hear things like we can all live with like the dull ache of not exactly getting what we want for a long time.

276

00:36:36.030 --> 00:36:44.400

Brian Patacca (he/him): Yeah. And, like, try to write it off as it's the business or write it off. It's that ex boyfriend or write it off like it's my MA. I mean, it can be, we can

277

00:36:45.000 --> 00:36:55.710

Brian Patacca (he/him): We can just stick in that real great and what you said is there needs to be a reckoning, you know, where you have to go back and say, there were parts of my there are parts of my life where I needed to be parented

278

00:36:56.190 --> 00:36:56.640 Tara Goldsborough: Yeah.

279

00:36:56.850 --> 00:37:04.800

Brian Patacca (he/him): And I wasn't able to be I was able to parent myself in those moments and those stories have held me back. So I'm trying just to connect this for you. You had more than one meeting I think right

280

00:37:04.830 --> 00:37:05.370 Tara Goldsborough: Yes, yeah.

281

00:37:05.400 --> 00:37:10.200

Brian Patacca (he/him): Yeah. So how does this connect to the way you showed up to those meetings, does it connect it anyway for you.



282

00:37:10.440 --> 00:37:22.020

Tara Goldsborough: Absolutely, yeah. Um, I just, I was so clear about what I wanted in my relationship with my manager agent. I was so clear about what I needed to

283

00:37:22.020 --> 00:37:23.100

Tara Goldsborough: Hear from them.

284

00:37:24.390 --> 00:37:27.150

Tara Goldsborough: And I was so clear that they needed to get me.

285

00:37:27.780 --> 00:37:28.200 Brian Patacca (he/him): Hmm.

286

00:37:28.620 --> 00:37:32.130

Brian Patacca (he/him): And it goes all the I got scared when you said that like I would like a scary.

287

00:37:34.080 --> 00:37:35.610

Brian Patacca (he/him): Tell me a little bit about

288

00:37:35.640 --> 00:37:37.110

Brian Patacca (he/him): Well, and how they manifest

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00:37:37.380 --> 00:37:43.890

Tara Goldsborough: This was amazing to Brian because I got to the point before I started having meetings. But I got to the point in agent goals where I was like



290

00:37:44.910 --> 00:37:49.410

Tara Goldsborough: I don't care if I have to say no to every single person that's saying yes to me.

291

00:37:50.940 --> 00:37:51.690 Tara Goldsborough: I don't care.

292

00:37:51.810 --> 00:37:53.820

Brian Patacca (he/him): Yeah. What does that mean, I don't care. Tell me a little bit more because it

293

00:37:53.820 --> 00:37:54.660 Tara Goldsborough: Means, like

294

00:37:55.650 --> 00:38:03.000

Tara Goldsborough: It just means that I haven't found the right fit. Yet, and I would rather go representation lists.

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00:38:03.660 --> 00:38:11.460

Tara Goldsborough: Then then be with an agent or manager, which has happened to me before that didn't get me and that wasn't really working for me. And that didn't

296

00:38:11.910 --> 00:38:27.960

Tara Goldsborough: Like know when they were looking at a breakdown. Yes, this is Tara yes this is Tara right but they're trying to put me into a box that they created because I wasn't vulnerable enough or I wasn't myself enough to show them know. This is what's up. And this is where we're going.



297

00:38:28.260 --> 00:38:33.570

Brian Patacca (he/him): Do you think you had the dignity of being able to say no. Before that work.

298

00:38:33.990 --> 00:38:46.740

Tara Goldsborough: No, I was I was constantly in this like oh my god please say yes to me. Oh my god. Please say yes to me right this this desperation this almost begging, which sounds terrible. And it's not like I was begging in

299

00:38:46.740 --> 00:38:49.620

Tara Goldsborough: The emails I sent before, but that was the energy that was out there.

300

00:38:50.310 --> 00:38:55.740

Tara Goldsborough: Right. It's like I'm like oh my god please someone please someone see me someone see me.

301

00:38:56.550 --> 00:39:11.190

Tara Goldsborough: And it's, it's heartbreaking. It's so heartbreaking. And I was terrified. I was terrified sending my first round of emails. I was like, I'm going to be the only person in this program that doesn't get meetings and doesn't get representation like that was my thought process.

302

00:39:11.280 --> 00:39:12.120 Brian Patacca (he/him): So wait,

303

00:39:12.270 --> 00:39:16.170

Brian Patacca (he/him): I just love when you say that because this is something I know whatever you're listening for right now.



304

00:39:16.560 --> 00:39:24.360

Brian Patacca (he/him): If you're listening to this is, there is something that happens for creative people and it happens for actors a lot and I understand it, where we have terminal uniqueness.

305

00:39:24.990 --> 00:39:33.330

Brian Patacca (he/him): In our situation is so unique that are we will never have success that look that will will never be able to have anyone else the success that someone else has will never be mine.

306

00:39:33.660 --> 00:39:43.110

Brian Patacca (he/him): I will never be able to, like, you know, however you're told, things like when you get comparison. Just remember like their success is your success, which always feels like a bunch of BS. That doesn't really work for me. Right.

307

00:39:43.110 --> 00:39:43.470

Right.

308

00:39:44.940 --> 00:39:51.600

Brian Patacca (he/him): If we're to get a little more sophisticated around that there's something around this this thing where we

309

00:39:53.460 --> 00:39:57.540

Brian Patacca (he/him): Where we do this thing like you like you just described, right, where is this terminal uniqueness where

310

00:39:57.660 --> 00:40:07.230

Brian Patacca (he/him): My success will definitely not look like anyone else says it's going to be an accident. It's going to be a mistake my story can't be like, like what you said inside of the program that someone is saying to themselves.



311

00:40:08.070 --> 00:40:17.910

Brian Patacca (he/him): I'm going to be the only one, this doesn't work for yeah hopefully get it i. So get that that story being told, write that story inside right um

312

00:40:19.800 --> 00:40:26.640

Brian Patacca (he/him): My question here for you is I love how you said that you're able to, like, I'm no longer begging and it wasn't that you were begging, but it was the energy

313

00:40:26.850 --> 00:40:30.510

Brian Patacca (he/him): Of begging wasn't yeah so I am sure there are people who are listening right now.

314

00:40:31.800 --> 00:40:40.290

Brian Patacca (he/him): Who are where you were at the beginning, can you just describe what it was like he said 12 years which is probably that feels uncomfortable to say even probably

315

00:40:40.350 --> 00:40:42.150

Brian Patacca (he/him): And maybe now is a little different. I don't know.

316

00:40:43.710 --> 00:40:53.670

Brian Patacca (he/him): There are other actors who are listening right now who are 12 years, two years, five years and feeling that same I hate going about this feeling like I'm begging and that's the part that really breaks my heart is like

317

00:40:54.990 --> 00:41:01.470

Brian Patacca (he/him): You they've been told. This is how you do this. And so do it this way, and they're banging your head against a wall because it's not working and



318

00:41:02.220 --> 00:41:13.140

Brian Patacca (he/him): And it is so easy to hold up a mirror and say it's because of my resume it's because I don't have a real is because my headshot isn't good enough to before you're able to connect the dots to how do I put my talent. First, which is

319

00:41:13.740 --> 00:41:18.000

Brian Patacca (he/him): What I think is the what's difficult because you know that when you meet an agent and they've just seen you on stage.

320

00:41:18.150 --> 00:41:25.770

Brian Patacca (he/him): Or they've seen you perform like you always know there's that that energy of, like, Oh, we're connected. And so all these other things are like please evaluate me on the receipts.

321

00:41:26.100 --> 00:41:28.470

Brian Patacca (he/him): Mm hmm. This is what I this is what I tried to not right.

322

00:41:28.620 --> 00:41:31.770

Tara Goldsborough: So right for those people who are watching right now who are listening. I'm sorry.

323

00:41:31.830 --> 00:41:33.390

Brian Patacca (he/him): For the people who are listening right now.

324

00:41:34.860 --> 00:41:38.250

Brian Patacca (he/him): Who is in the same place, you were before. What would you say to them.

325

00:41:39.990 --> 00:41:43.380

Tara Goldsborough: Oh man, um let go.



326

00:41:44.400 --> 00:41:47.610

Tara Goldsborough: jump in and get ready to take a big risk.

327

00:41:49.170 --> 00:41:55.860

Tara Goldsborough: And just get ready to like be the version of yourself that you always wish that you were being in these moments.

328

00:41:57.600 --> 00:42:05.730

Tara Goldsborough: I think that agent goals just gave me like a framework of, like, oh, I'm allowed to be Tara, I'm actually allowed

329

00:42:06.480 --> 00:42:22.650

Tara Goldsborough: To be exactly who I am, which is sarcastic and funny with some of the best dance moves, you'll ever see on a dance floor. You know what I mean. I just like my energy is allowed to come out. Like, I don't have to sit here and say,

330

00:42:23.190 --> 00:42:34.380

Tara Goldsborough: Hi, so and so here's my actors access profile. Here's my la casting profile. Here's my real. Let me know what you think. Oh, like I just, you know what I mean. Yeah.

331

00:42:34.890 --> 00:42:45.330

Tara Goldsborough: It's just not enough. It's not enough for them who don't know you who've never seen you know referrals. It's not enough for them to go, oh, that's interesting.

332

00:42:46.380 --> 00:42:58.590

Tara Goldsborough: I didn't expect someone to say that right. It's like, no man like put yourself in the game and like actually tell them exactly who you are and exactly what you want. Right.



333

00:42:59.460 --> 00:43:03.930

Brian Patacca (he/him): Right. And I'm sure that I appreciate you saying is I'm sure other people cringing saying oh yeah I have sent that email.

334

00:43:04.320 --> 00:43:05.340

Brian Patacca (he/him): Though, yes. Right.

335

00:43:05.520 --> 00:43:06.300

Tara Goldsborough: I'll send that email.

336

00:43:07.500 --> 00:43:11.130

Brian Patacca (he/him): And we're like, I'm being really ballsy cuz I'm sending a short email or something. Right, right.

337

00:43:11.160 --> 00:43:21.150

Brian Patacca (he/him): And to me, that is just the epitome of reducing you to only your credits only your real on the resume, which are what agent goes is created that you don't have to have any of those things to make it work.

338

00:43:21.210 --> 00:43:21.540 Brian Patacca (he/him): Really

339

00:43:21.780 --> 00:43:24.150

Brian Patacca (he/him): You have to know how to act. Okay, let's just be clear, you know, to act.

340

00:43:24.210 --> 00:43:25.050 Brian Patacca (he/him): Yes, yeah.



341

00:43:27.990 --> 00:43:35.160

Brian Patacca (he/him): Is there and I mean this has been really Tara. This was really helpful for me to hear. So I really appreciate you getting honest about this. I have Oh one more technical question.

342

00:43:35.340 --> 00:43:40.710

Brian Patacca (he/him): You know, it sounds like you got your responses on your first push out of the boat. You didn't need to do any of the follow ups at all you got.

343

00:43:40.710 --> 00:43:45.480

Tara Goldsborough: No, no. So, um, I did a second I did a follow up.

344

00:43:45.720 --> 00:43:53.460

Tara Goldsborough: Yeah, um, which you know like you guys will learn in the course, like it's different things for different ways that happened throughout but um

345

00:43:54.300 --> 00:44:02.220

Tara Goldsborough: So I did a second round of follow ups. I did not end up needing to do my third round of follow ups so I did my first round of send outs follow up.

346

00:44:02.310 --> 00:44:04.260

Tara Goldsborough: Right. And then from there I was, like,

347

00:44:04.320 --> 00:44:05.250

Brian Patacca (he/him): I've made a decision.

348

00:44:05.430 --> 00:44:11.400

Brian Patacca (he/him): Yet, great, great. And you know what you just described is so important. So I think when people will hear this. I'll be like, Oh my god, follow up. And what does it look like like



349

00:44:11.460 --> 00:44:12.780

Brian Patacca (he/him): Don't worry, it's

350

00:44:12.810 --> 00:44:22.200

Brian Patacca (he/him): Very clear. It's calendar and I tell you exactly what to do, what to change the subject line to all that. So what I don't want you to be going in here guys is getting stuck on any technical stuff. I'm one of you just to see how

351

00:44:22.500 --> 00:44:32.490

Brian Patacca (he/him): Tara navigated her way through this. And I think that's a beautiful way of describing that and then also tell you what I want to make sure you didn't miss is how do you like know I've made my decision like that is such a good moment.

352

00:44:33.210 --> 00:44:44.160

Brian Patacca (he/him): Because I'm sure you've seen this on some of our calls were an actor will be like well I sent him my emails and I met with someone and I love them but should I send out the rest of my emails. Now like I always say if you found the person. This is not an agent go

353

00:44:45.330 --> 00:44:46.680

Brian Patacca (he/him): Get a lot of agents.

354

00:44:46.740 --> 00:44:48.570

Brian Patacca (he/him): It's to get the one you love right

355

00:44:49.350 --> 00:44:53.010

Brian Patacca (he/him): The difficulty. I think that a lot of people are facing. I mean, I'm sure you heard chair and talking

356

00:44:53.100 --> 00:44:54.240

Tara Goldsborough: And our call last week, but yeah.

36

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357

00:44:54.390 --> 00:44:56.520

Brian Patacca (he/him): The meetings. Right. And like

358

00:44:57.270 --> 00:45:03.690

Brian Patacca (he/him): The goal of this is not 1030 agents, right. So, so the bad thing about agent goals as you make it a lot of meetings as well. Right.

359

00:45:04.740 --> 00:45:05.370 Brian Patacca (he/him): So,

360

00:45:05.460 --> 00:45:07.560

Brian Patacca (he/him): So my. And the reason I like that.

361

00:45:07.590 --> 00:45:10.950

Brian Patacca (he/him): Is I want actors in the power seat.

362

00:45:11.610 --> 00:45:15.330

Brian Patacca (he/him): Yes you not want actors to be having their careers happen to them.

363

00:45:16.680 --> 00:45:17.310 Tara Goldsborough: Exactly.

364

00:45:17.370 --> 00:45:26.550

Brian Patacca (he/him): Right. And when you land with the person I want it to be a person who you have a relationship with where it is a partner directory to have the conversations right where they get to lead you in this thing, right.

365

00:45:28.080 --> 00:45:31.680

Brian Patacca (he/him): So, Tara. What's next for you. Tell us.

37

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366

00:45:32.160 --> 00:45:35.130

Tara Goldsborough: Oh, it's such a good question, Brian.

367

00:45:36.600 --> 00:45:40.830

Tara Goldsborough: What's next for me is that I land. My first co star role before 2021

368

00:45:41.190 --> 00:45:41.970 Brian Patacca (he/him): Yes.

369

00:45:42.030 --> 00:45:48.030

Tara Goldsborough: I love it. I prefer to be a guest star. But we'll see. I'm going to just an advocate for you to say guest star from now.

370

00:45:48.540 --> 00:45:52.170

Brian Patacca (he/him): Yeah, we'll keep that that part of you that's shown up really big and bold and beautiful.

371

00:45:52.200 --> 00:45:52.710 Tara Goldsborough: Yeah, I

372

00:45:53.070 --> 00:45:55.260

Tara Goldsborough: Had shot so very excited.

373

00:45:55.320 --> 00:45:59.220

Brian Patacca (he/him): I love it. Do you want any of our actors to follow you, or find you on social media.



374

00:45:59.370 --> 00:46:05.340

Tara Goldsborough: Yeah, of course. You guys can follow me on Instagram. It's @Tbabygold. Awesome.

375

00:46:05.400 --> 00:46:08.490

Brian Patacca (he/him): In tears of forgiveness really sweet because she's singing songs on it too, she's a really

376

00:46:10.740 --> 00:46:12.600

Brian Patacca (he/him): Well, I just want to thank you so much for making this time for me.

377

00:46:12.600 --> 00:46:20.340

Brian Patacca (he/him): Today and for making time for us and for letting me know even more about what the experience is like inside of this course.

378

00:46:20.850 --> 00:46:27.990

Brian Patacca (he/him): You know i have i did tons of surveys and testing and all that stuff. But it's very, it's so much more powerful to hear someone who's gone through it and what it has done for you.

379

00:46:28.170 --> 00:46:30.930

Brian Patacca (he/him): So I appreciate you and I'm so grateful.

380

00:46:31.200 --> 00:46:38.130

Brian Patacca (he/him): for your time today and also congratulations on landing with someone who sounds wonderful. And we can't wait to see you and your guests are, make sure you let us know.

381

00:46:38.400 --> 00:46:40.470

Tara Goldsborough: I will. Can I say one more thing about oh my

39

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382

00:46:40.470 --> 00:46:40.710 Brian Patacca (he/him): Gosh.

383

00:46:40.740 --> 00:46:48.930

Tara Goldsborough: Of course you can, yes. Okay. Cool. So one thing that I think is one of the most helpful things is that we have this accountability through our Facebook group.

384

00:46:49.290 --> 00:46:55.080

Tara Goldsborough: And that's really the thing that got me to the point of where I was because I was very stuck.

385

00:46:55.440 --> 00:47:07.200

Tara Goldsborough: I was very paralyzed and I hopped on a call with Brian and I was like Brian, I can't do anything. Like, I can't. I can show up to calls but like the homework isn't getting done. And it's not like I don't have time.

386

00:47:07.560 --> 00:47:20.070

Tara Goldsborough: But I'm not doing it. And he was like, okay, like put what you want to do, like in the Facebook group and we will hold you accountable and for me personally. He knows this. But for me personally that really worked.

387

00:47:20.460 --> 00:47:38.580

Tara Goldsborough: And I would not have gotten where I was. Without that, so the group itself to is so valuable and the ability to to ask questions to like this amazing hurtful group of actors, including Brian as well is just a phenomenal piece of the course to write

388

00:47:38.640 --> 00:47:45.780

Brian Patacca (he/him): I love what you're saying there Tara, I think, and I want to underline it, too, because I think that no one ever says yes to a course because of the community I'm putting unquote so



389

00:47:46.020 --> 00:47:51.210

Tara Goldsborough: Yeah, I need an agent. I don't care about the community. I want to get it like it's not right and in the work that we do in this

390

00:47:51.540 --> 00:47:56.580

Brian Patacca (he/him): Program is it's so deep. You sure as heck need somebody next to you to say you're doing a great job or

391

00:47:56.910 --> 00:48:04.590

Brian Patacca (he/him): You can show up and say, does this look good. What do you think about this particular thing and and i love you saying that you leaned into that and used the group in that way.

392

00:48:05.340 --> 00:48:15.780

Brian Patacca (he/him): And, you know, an online course, like we said before energetically cannot feel as much like I'm going to school on this day at three o'clock. Right. So the ability to say, hey, I need some accountability that there is a crew of people

393

00:48:16.140 --> 00:48:21.150

Brian Patacca (he/him): Who are just is impassioned about your successes, you are is rare to find right

394

00:48:21.240 --> 00:48:33.180

Brian Patacca (he/him): Yeah. And I will say we that that the community that agent goals created is a very loving and supporting one so that you can go through this deeper work. And also, let's be honest, some of the work is a little bit of like

395

00:48:34.140 --> 00:48:41.070

Brian Patacca (he/him): tech stuff a little bit tech stuff here and that is right right which people have to look you know in this way we can support each other through those parts to thank you for saying that approach.



396

00:48:41.070 --> 00:48:41.970

Tara Goldsborough: Yeah, of course.

397

00:48:42.030 --> 00:48:46.200

Brian Patacca (he/him): All right. Go out there book a guest star. Let us know, we will be following you @Tbabygold on Instagram.

398

00:48:47.100 --> 00:48:48.750

Brian Patacca (he/him): And I will see you soon.

399

00:48:48.930 --> 00:48:50.670

Brian Patacca (he/him): Okay. Sounds good. Take care. Love you, bye.